

Commuter Challenge

Participant Name: _____
 Submitted for dates (circle one):

Week 1	Week 2	Week 3	Week 4	Week 5
May	May	May	May	May
1-3	4-10	11-17	18-24	25-31

Get more out of your commute! For every day you use a sustainable commute, you get a point. At the end of the month, you get a prize based on the number of points you earn.

Please fill out this form and submit it each week to _____.

Sustainable Commute Data

	Example	Sunday	Monday	Tuesday	Weds	Thursday	Friday	Saturday
miles	6							
type	bus							

A sustainable commute includes walking, biking, moped, motorcycle, carpool, vanpool, etc. If you drive and park at a Park and Ride Lot and then bus to work, only count the distance on the bus.

Enter the *round trip distance* of your commute in the miles field for each work day.

If you use a *park and ride* lot and ride the bus to work, enter the distance from the *park and ride* lot.

If you *drove alone*, enter 0 miles for that day.

Enter walk, bike, bus, carpool, vanpool, or any other way you are getting to work in the **type** field for each day.

If you didn't work, write "*didn't work*" for that day & enter 0 miles in the miles field.

If you *drove alone*, write "*drove alone*" for that day.

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