Commuter Challenge Week Log

Instructions:

Enter the ***round trip distance*** of your commute in the **miles** field for each work day.

If you use a ***park and ride*** lot and ride the bus to work, enter the distance from the ***park and ride*** lot.

Enter walk, bike, bus, carpool, vanpool, or any other way you are getting to work in the **type** field for each day.

Only record the days you did a sustainable commute. If you didn't work or drove alone, don't fill out the log.

If you used two different types (example Bike and Bus) enter the miles you used each type. For example Bus 2, Bike 1 for a 3 mile roundtrip commute.

Name:						
Sunday **Date:**	**Monday** **Date:**	**Tuesday** **Date:**	**Wednesday** **Date:**	**Thursday** **Date:**	**Friday** **Date:**	**Saturday** **Date:**
Miles:	Miles:	Miles:	Miles:	Miles:	Miles:	Miles:
Type (Circle what you used): Walk, Bike, Bus, Carpool/Vanpool, Moped/Motorcycle, Other	Type (Circle what you used): Walk, Bike, Bus, Carpool/Vanpool, Moped/Motorcycle, Other	Type (Circle what you used): Walk, Bike, Bus, Carpool/Vanpool, Moped/Motorcycle, Other	Type (Circle what you used): Walk, Bike, Bus, Carpool/Vanpool, Moped/Motorcycle, Other	Type (Circle what you used): Walk, Bike, Bus, Carpool/Vanpool, Moped/Motorcycle, Other	Type (Circle what you used): Walk, Bike, Bus, Carpool/Vanpool, Moped/Motorcycle, Other	Type (Circle what you used): Walk, Bike, Bus, Carpool/Vanpool, Moped/Motorcycle, Other
Name:						
Sunday **Date:**	**Monday** **Date:**	**Tuesday** **Date:**	**Wednesday** **Date:**	**Thursday** **Date:**	**Friday** **Date:**	**Saturday** **Date:**
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Type (Circle what you used): Walk, Bike, Bus, Carpool/Vanpool, Moped/Motorcycle, Other	Type (Circle what you used): Walk, Bike, Bus, Carpool/Vanpool, Moped/Motorcycle, Other	Type (Circle what you used): Walk, Bike, Bus, Carpool/Vanpool, Moped/Motorcycle, Other	Type (Circle what you used): Walk, Bike, Bus, Carpool/Vanpool, Moped/Motorcycle, Other	Type (Circle what you used): Walk, Bike, Bus, Carpool/Vanpool, Moped/Motorcycle, Other	Type (Circle what you used): Walk, Bike, Bus, Carpool/Vanpool, Moped/Motorcycle, Other	Type (Circle what you used): Walk, Bike, Bus, Carpool/Vanpool, Moped/Motorcycle, Other
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